



# Newsletter

## John H Reddin Province

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April 2022

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FREE



# Make a Pledge to Ukraine

## DONATE NOW

*he need to support Ukrainians displaced by the war continues to grow. The Knights of Columbus is working with our councils in Poland and Ukraine, as well as the Latin and Greek Catholic Churches in Ukraine, to provide much-needed hope in the form of temporary shelter, food, medical supplies, clothing and communications.*

**To date, our members and friends have donated \$6,208,400.**

As the situation in Ukraine continues to change, the need to support refugees continues to grow. The Knights of Columbus will be working with our councils in Poland as well as the Latin and Greek Catholic Churches in Ukraine to provide temporary shelter, food, medical supplies, clothing, and communications. **100% of your donation goes directly to support humanitarian aid in Ukraine.**

To donate outside of the United States and Canada, please [click here](#).

To create your own fundraising team in the U.S., please [click here](#).

If you need to reach the Office of Charitable Giving regarding this fund or making a donation, you can do so Monday through Friday between the hours of 8:00am to 4:30pm Eastern at 1-800-694-5713 or [info@kofccharities.org](mailto:info@kofccharities.org).



# From Supreme Master Dennis Stoddard

Each year currently we encounter the same problems surrounding assemblies qualifying for the Star Assembly Award. Invariably, a District Master will contact us advising he has one or more assemblies which have qualified for and are not listed as a winner.

Each year currently we encounter the same problems surrounding assemblies qualifying for the Star Assembly Award. Invariably, a District Master will contact us advising he has one or more assemblies which have qualified for and are not listed as a winner.

When we find that all qualifying reports have in fact been submitted, a correction is made, and an award is presented.

It is extremely time consuming to research all the required reports from the different departments in the building and, in most cases, we find that one or more report has not been received at supreme or submitted on time.

Masters and VSM's have called the office to advise they have received reports from their assemblies yet in many cases, supreme has not received their copy and the master is unable to provide us with his copy. Particularly the assembly newsletters, copies he should have held to prove six or more were in fact sent out. Some masters tell us they will contact the assembly for a copy, after the deadline.

**Once again, I am listing for all the requirements to earn the Star Assembly Award.**

1. Earn the Fourth Degree *Civic Award*.
2. Enter the "*To Be A Patriot*" competition. Do not have to win.
3. Meet the *assembly new member goal*.
4. Submit the *Report of Officer #186* due NO LATER than July 1.
5. Submit the *Annual Survey of Fraternal Activity #1728* NO LATER than January 31.
6. Submit the *Annual Assembly Audit Report #1315* NO LATER than August 1
7. Publish a *Monthly Newsletter or Bulletin* for assembly members.

**EFFECTIVE WITH THE 2022-2023 FRATERNAL YEAR  
REPORTS RECEIVED AFTER THE POSTED DEADLINE WILL DISQUALIFY AN  
ASSEMBLY FROM RECEIVING THE STAR ASSEMBLY AWARD. NO EXCEPTIONS.**

District Masters and Faithful Navigators shall be required to retain copies of all reports in an assembly folder, especially the newsletter and the TBAP, as we do not receive these copies in our office.

Additionally, see that assemblies receive and retain the email receipt from the department the report is submitted to, and see that the assembly sends a copy of the receipt to the Master for his folder so that the report and submission date can be verified.

*Ex. If you send a communication to membership you immediately receive a reply email advising your submission has been received. It has a registration number to reference it.*

*The Assembly needs to hold on to these receipts in the event a report fails to show in our system, it will make verification possible, and an award will be processed.*

If this process is followed there should be little doubt a report was in fact submitted on time and received by the proper department. Assemblies earning the Star Assembly Award will then receive their plaque.

**VSM's shall ensure that their District Masters share and review this policy with their assemblies.**

Dennis Stoddard  
Supreme Master  
Knights of Columbus

Vice Supreme Master

Richard Espinosa  
coachespi@yahoo.com



Saint Jose,  
Littlest soldier of  
Christ,  
whose last bloody steps  
brought you to the  
arms  
of our Lady and our  
Lord.  
Keep healthy and  
strong  
the steps of our Lord's  
soldiers who remain  
here on earth,  
so that they may have  
your strength to endure  
and preserve to the  
end.  
Amen  
Viva Cristo Rey!

Saint Jose Sanchez Del  
Rio,  
Pray for the Patriotic  
Degree of the Knights  
of Columbus

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## Vice Supreme Master Richard Espinosa

Brother Sir Knights,

Let me begin by asking all of you to pray for the people of Ukraine and for peace in the world. Pray daily for an end to the conflicts that exist around the world. "Let there be peace on earth."

The end to our 2021-2022 Fraternal Year is upon us and thank you to all our Assemblies, Sir Knights and their families for your hard work, contributions, and dedication. Let's continue to stay focused and finish the Fraternal Year strong and take that momentum into the new Fraternal Year.

As has been stated in the past, as members of the Fourth Degree, we proudly claim to be the "Defenders of the Church" and we should always project that image. We must believe in, recruit members, and encourage participation in our programs. We are the "Visible Arm of the Order".

As a reminder, time is running out for you to complete your Assembly's Civic Award, "To Be a Patriot" Award and Star Assembly packages. Please adhere to the timelines, so your Assembly can be properly acknowledged for its good works!

In closing, I would like to remind you that as Sir Knights we must take ownership of and accept the responsibilities that we hold in the order. This acceptance will guarantee the future of the Knights and our great Fourth Degree.

Lady Janice and I continue to pray for you, and we wish you and your families a Blessed and Happy Easter.

Viva Cristo Rey!  
Richard Espinosa  
Vice supreme Master

#### Arizona Master

Drew Mansager  
dman@reagan.com

#### District Marshals

DM Central  
Michael Paz  
sirknichtmichaelpaz@gmail.com

DM North  
Peter Kloeber  
pkloeber@earthlink.net

DM West  
Jon L. Gordon  
louisgordon@roadrunner.com

DM Central  
Chris Holsinger  
sirknichtchrisholsinger@gmail.com

DM South  
Glibert Larrinaga  
skgilbertlarrinaga@gmail.com

## Arizona Master Drew Mansager

The Kino Heritage Society of the Diocese of Tucson marked the 311<sup>th</sup> anniversary of the death of the Venerable Eusebio Kino with a special Vesper service in the Cathedral held on March 20!



The Arizona State Council helped sponsor their fourth Men's Conference in Arizona



March 12. Besides the Tucson and Phoenix Men's Conferences, they also helped sponsor the White Mountain and Miami conferences. Nationally acclaimed speaker, Jesse Romero, addressed Knights and non-Knights from Morenci to Miami and Globe to Apache Junction, Phoenix and Tucson on Male Spirituality, Marriage and Family and Spiritual Warfare.

More than 50 men attended the Men's Conference at Our Lady of the Blessed Sacrament in Miami, Arizona March 12.



Retired Los Angeles Deputy Sheriff, Catholic author and graduate of the Franciscan University in Steubenville, Ohio, Jesse Romero, emphasizes another important point in his address to the Miami, Arizona men's conference March 12.

## Tucson St. Patrick's Parade

Members of three different Assemblies were proud to once again lead the Tucson St. Patrick's Parade March 12.



Tucson Sir Knights confirmed that St. Patrick is, indeed, a Knight of Columbus.

Colorado Master  
David Davis  
dsd80110@comcast.net

Roger Muller  
rocoor@aol.com

District Marshals

Denver  
Ted Hand  
thandjr@aol.com

North Denver/Boulder  
Gary Thomas  
gthomas0908@gmail.com

Northern Colorado  
Ed O'Shaughnessy  
ed@mavmed.org

Colorado Springs  
Robert Knapp  
rjknapp06@comcast.net

San Luis Valley/SW  
Colorado

Bill Beno  
coloradobill46@centurylink.net

Western Slope  
Manuel Gomez  
gomez.manuel@gmail.com

Pueblo  
Ron McCulloch  
rnkmc@gmail.com

Northern Colo/ Plains  
Backup  
William Furstenberger  
pfuersten@comcast.net

Colorado Springs Backup  
Duane Krones  
Duane\_krones@comcast.net

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## Colorado Master David Davis

My Brother Sir Knights,

By the time you read this Colorado will have held its biennial meeting. This year it was held at St. Peter Catholic Church Parish Ministry Center in Monument Colorado. We will have selected three nominees for a two-year term to be the next District Master. Rumor has it, we have three candidates. I hope that works out to be true.

Colorado's State Convention is April 29 – May 1, 2022, at the Hyatt Regency Aurora-Denver Conference Center in Aurora Colorado. We need Sir Knights wearing the new regalia to do three different Honor Guards for the Convention. We need Honor Guard participants for the Opening Mass and Grand March, both are on Friday evening this year. On Saturday we need Honor Guard participants for the Memorial Mass.

Exemplifications that are scheduled are below. Not all Exemplifications this year have been both Virtual and Live. Three have only been live with the one in February having been both Live and Virtual. Contact your Assigned District Marshal to find out if a virtual / remote access will be provided at the next Exemplification.

May 14, 2022  
St. Mary Catholic Church  
1855 St. Mary's Drive  
Montrose, CO 81401

June 4, 2021  
St. Frances Cabrini Parish Hall  
6673 W. Chatfield, Ave.  
Littleton, CO 80128

See Colorado State Website Calendar for additional details. There are already other Exemplifications lined up for next Fraternal Year but they are not yet on the State Website.

Next, Civic Award and To Be A Patriot Awards are coming due. Start now gathering up all the information on your activities and documenting them. Many of you have done civic oriented activities. You made the effort. You may have even put something on the line doing it. The Civic Award recognizes what is perhaps the most common activity in the Fourth Degree. We do these activities out of duty, honor and country. Why not document those activities, send them in and see if they get recognized at the national level? To Be A Patriot Award is due now to me. I have to select my winners and send them to the Vice Supreme Master before the end of May. I had only two submissions last year and those went toward the Star Assembly Award. I know you were more active this past year so I hope you take the time to send me your Patriotic Activity. You can send your Civic and To Be A Patriot Awards information to my email address or mailing address. Check with your Assigned District Marshal for my email and mailing address please!

Until next Month, Vivat Jesus! Viva Cristo Rey!  
Dave Davis  
District Master



New Mexico Master  
Clint Deeley  
Deeleyx4@msn.com

District Marshals

NM West

DM Jerry DeMorrow  
semper-fi58@hotmail.com  
DM Paul Owens  
pfowenz@gmail.com

NM North

DM Eddie Serna  
eddie\_serna@hotmail.com

DM Sam Serna  
samuelserna@msn.com

DM Juan Garcia  
garciaja@me.com

NM East

DM Ed Martinez  
edmartinez@plateautel.net

NM South

DM Rick Medina  
Rmedina331@yahoo.com

NM Southwest

DM Steve Sutton  
Sutton85@yahoo.com

NM Central

DM Chuck Dubois  
crd007@aol.com

DM John Rincon  
Johnrincon1727@comcast.net

NM Central

DM Geoff Bacon  
gk3bacon@yahoo.com

DM Trainer

DM Caesar Archangel  
Av8r\_af@yahoo.com

NM Program & Membership

Rudy Archibeque  
rudyardchibeque@gmail.com

## New Mexico Master CJ Deeley

I pray you and your families are well.

Good day Sir Knights! We are into the final few months of the Fraternal Year! It is Spring! It's time to get out of the doldrums and get moving again! We are still in Lent right now. However, we are coming to the High Points of our Catholic Faith. There is Palm Sunday on April 10<sup>th</sup> and then we begin Easter Week with focus on Holy Thursday, Good Friday, Easter Vigil, and Easter Sunday! This culminates Jesus' life, death, and resurrection! This is one of the reasons we are Catholic! Yes, the world around us is a mess. We cannot individually control that; however, we can control doing Rosaries often, if not daily. We can be a helping hand in the Church's, to our Brother Knights, neighbors, and to the least fortunate and ALWAYS PRAY! If there is something each one of you can do, then do it! Put your 4<sup>th</sup> Degree uniforms on randomly for Mass. It's also a great time for Corporate Communion!

As mentioned in previous months. On Sat, April 23<sup>rd</sup>, the District will have its 4<sup>th</sup> Degree Biennial Meeting. This is a required meeting by the Laws and Rules of the 4<sup>th</sup> Degree. It will be held centrally held at Lamy Hall from 10 am-2pm. Please have at least one Sir Knight from each Assembly attend. There will be the report of the 4<sup>th</sup> degree, comments from our Knights leaders. Also, there will be three nominations voted on for the appointment of a new District Master by the Supreme Council and Supreme Master. We will have Lunch available. Also, The New Mexico State Council will be hosting the State Convention, also in Albuquerque at the Pyramid Hotel. Details went out to your home Councils. I ask every Sir Knight in attendance to bring your 4<sup>th</sup> Degree Uniform.

As mentioned previously, the Supreme Master has asked for help in supporting Seminarians of the Archdiocese of Military Service. There are three Active-duty military bases in the State of New Mexico with multiple military bases in Arizona, Colorado, Oklahoma, Texas, and Utah. Some of these bases barely have a Catholic Chaplain (Priest) present to support the military assigned to all these bases. There are currently 200 Catholic Chaplains to support all the US Military Worldwide. Unfortunately, Deacons are not able to support this need. I humbly request each Council and Assembly donate at least \$50 to compile and send to our Worthy Supreme Master. Please consider this support and send your donation to the NMSC!

If your Assembly has not met, now is the time meet up. If you are having trouble meeting for whatever reason, please get with me or one of our District Marshals to assist your Assembly in meeting and promoting the good works of the Knights. Additionally, if your Assembly has not completed its Report for New Officers Chosen for 2021 or Audit, or the Fraternal Survey, please do so as soon as possible. These are required forms to keep the Assembly in Good Status with the Supreme Council and keep its IRS EIN intact.

Lastly remember to conduct your elections for new officers in May and please email a copy of the Form 186 of the Officers chosen.

Time is running out to Complete your Assemblies, Civic Awards, “To Be a Patriot” Awards and Star Assembly packages. Please adhere to the timelines, so your Assemblies can be properly acknowledged for its good works!

Remember, through Charity, Unity, Fraternity and Patriotism, we as Knights show our Families, Parishes and Priests that this is an organization to be part of and fight to keep growing strong!

Pray for our Parishes, Our Priests, and our civic leaders. Also, Pray for our KofC Brothers throughout the world!

Vivat Jesus! Viva Cristo Rey!

CJ  
Clinton J Deeley  
District Master-NM

## **N.M Central Geoff Bacon**

### **Knights of Columbus Patriotic Degree Activities and Opportunities**

The Patriotic Degree, i.e. the 4<sup>th</sup> Degree, Sir Knights of the Order represent the visible, strong right arm of the Knights of Columbus. "Sir Knight" is more than a title — it's an honor.' We stand out from the crowd due to our unique regalia and the events and activities we support. I've been asked about different activities that Assemblies and Color Corps can provide support for in our Order, our Churches and in our communities.

The Color Corps Sir Knights, "wear regalia and carry the sword to honor Christ and His apostles, especially on religious and civic occasions. Hence, the primary purpose of the Fourth Degree is to encourage active Catholic citizenship and foster the spirit of patriotism in members and the community at large."

Some standard and non-standard activities that Color Corps provide support to include:

- Corporate Communion
- Wakes, Rosaries and Funerals for deceased members of the Knights of Columbus
- March for Life Parades and Right to Life Events
- Fiestas and Feast Celebrations (Processions and Parades)
- First Communions, Confirmations, Weddings, and Catholic School Graduations
- Building dedications, sporting events and local parades
- National Flag Day (14 June) Ceremonies
- Memorial Day, Independence Day, and Veterans Day activities (parades and recognition events)

Complete and partial regalia packages can be purchased at:

<https://www.kofcuniform.com/CustomPage/OrderNow/>



**WMFD Deeley conducts Assembly 3282's Installation of Officers**

But what of members who may not yet have the regalia necessary to be in the Color Corps? Activities for all members of the Assembly:

- Veterans Affairs Volunteer Service (VAVS) Program

Our military personnel voluntarily act as the protectors of our nations, standing on the front lines while keeping us safe behind them. The Knights of Columbus acknowledges this unselfish act of patriotism by promoting the “Serving Those Who Served” programs

- Get out the Vote events

- Wreaths Across America program, where Sir Knights can assist in placing wreaths at Veteran’s graves

- Military Chaplain Scholarship

The Knights of Columbus has established a new scholarship program to help fund the education of seminarians preparing to become Catholic chaplains in the U.S. armed forces

As shown by the large variety of activities above, the 4<sup>th</sup> Degree Sir Knights have a multitude of opportunities to honor Christ, His apostles and encourage Catholic citizenship with patriotism.

For 2022, I challenge all our NM KofC Assemblies to step up and put their Patriotism out in front!

Geoff Bacon, District Marshal – Central NM  
Holy Child Assembly 3282

## N.M South Ricky Medina



My Brother Knights and Families:

Just a little lighthearted fun, during these chaotic times, Laughing is a good remedy to put a smile on your face and chase those dark clouds away, we can all use a good laugh now and then. Amen!

As we continue our 40-day Lenten journey involving fasting, penance, almsgiving, praying, spending a quiet time with the Lord. It's a time to renew our baptismal commitment and to live more fully in union with Christ. 40-days is significant because it's length of the fast and temptation of Jesus in the desert, his pilgrimage. Lent is our spiritual pilgrimage to the cross walking with Jesus toward his death until his resurrection on Easter. Hallelujah!

On March 6<sup>th</sup>, St. Genevieve Council 13969 held a District basketball free-throw challenge at Holy Cross Gym. GK Jaime Flores, DD Kerry Morley and participants.



Also on this day, Robert G. Gamboa, Council 9527 held the Raffle drawing March 6<sup>th</sup>, Congratulation to Lady Marilyn Kerschen of Holy Cross Parish.





Marilyn Kerschen was the winner of the 70 inch Samsung TV raffled by the Knights of Columbus. The raffle raised \$5000.00 dollars for Turning Point. Thank you to all who participated.



*Vivat Jesus, Viva Cristo Rey*

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## **N.M Central Chuck DuBois**

My Brothers All.

As you know, the crime situation has risen all around the state of New Mexico. Our police Departments are overwhelmed with calls for help and domestic situations.

As brother knights, we can step up and organize our neighborhoods to watch over one another and be a good witness. Never get involved but have your cell phone ready to call 911. Good descriptions of the individual or persons committing a crime is very important, and you can do this.

Also, you can check up on your neighbors and this unites your neighborhood. Just use good common sense and you will be a success.

### **March Honor Guard Call Outs**



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### **N.M. East DM Ed Martinez**

It's a rare occasion when we at Clovis, NM are honored to have distinguished Officers attending and participating in a 3<sup>rd</sup> Degree Exemplification of Charity, Unity, and Fraternity. Officers were: from Denver Colorado Supreme Regional Growth Director James Caffrey, New Mexico State Deputy Daniel Vigil, NM State Warden Anthony Salazar, NM District John H. Reddin Province Master of the Fourth Degree Clinton C.J. Deeley, and NM District Deputy Paul Benoit. On March 20, 2022, Grand Knight Sean Little hosted a membership growth event in Clovis, NM at Sacred Heart Church that included candidates from Councils; 4205, 8304, and 9504. Congratulations to our new Knights with Blessings.



Lady Chris and I wish you and your family a Happy Easter. Let us “take time to remember all those who sacrificially serve others, the armed forces, doctors and nurses, volunteers and teachers, and all others who never count the costs of blessing others. Say a special prayer for them and ask God to bless them and their loved ones.”



Viva Jesus! Viva Cristo Rey!  
Ed Martinez

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## **Steve Budenski, New Mexico VAVS Representative**

VAVS April report

Greetings Sir Knights and veterans,

As a Volunteer Administrative Veteran Service Representative (VAVS), I coordinates with VA Hospital and the 7 Assemblies for the Monthly Birthday Cake and Punch that is purchased by 7 Assemblies within the Albuquerque area. April is Assembly 3732 FN Patrick B Griego, May is assembly 3227 FN Kevin L Stamber.

If Councils like to donate to the VA with clothes and glasses, they can 505-256-2771 voluntary service.

**From:** Veterans Benefits Administration <[Veteransbenefits@messages.va.gov](mailto:Veteransbenefits@messages.va.gov)>

**Sent:** Tuesday, March 1, 2022 7:00 PM

**Subject:** VA will propose certain rare cancers be added to presumed service-connected list  
When the proposal becomes final, dependents, survivors, and Veterans who had claims previously denied for any of the below respiratory cancers would be encouraged to file a [supplemental claim](#) for benefits.

- Squamous cell carcinoma (SCC) of the larynx;
- SCC of the trachea;
- Adenocarcinoma of the trachea;
- Salivary gland-type tumors of the trachea;
- Adenosquamous carcinoma of the lung;
- Large cell carcinoma of the lung;
- Salivary gland-type tumors of the lung;
- Sarcomatoid carcinoma of the lung and;
- Typical and atypical carcinoid of the lung.

Any Veteran who had one of these cancers manifest to a degree of 0% or more at any time during or after separation would become eligible for service-connection.



**GIVE NOW**

### **In the Spotlight**

#### **Hearing Aids Connect with Telehealth**

*Fine-tuning with a telehealth visit saves a trip to the clinic*

If you use hearing aids, you know they need to be adjusted as your needs change. Fine-tuning your hearing aid can often be done with an app on a cellphone or smart device. Telehealth is an option for many of your appointments, including some for your hearing. Talk to your health care team and audiologist about how [VA Video Connect](#) can help you manage your hearing aid from home.

Coping with PTSD Symptoms below hotlink. [Click Here](#)

There are some direct ways to cope with specific PTSD symptoms. Try using these ways of coping to figure out which ones are helpful to you. Then practice them. Like other skills, they work better with practice.

Talk with a mental healthcare provider if symptoms continue for more than a few weeks or disrupt your daily life. [Click Here](#)

Unwanted, distressing memories, images, or thoughts

- Remind yourself that they are just that, memories.
- Remind yourself that it's natural to have some memories of the trauma(s).
- Talk about them with someone you trust.
- Remember that, although reminders of trauma can feel overwhelming, they often lessen with time.

Sudden feelings of anxiety or panic. Traumatic stress reactions often include feeling your heart pounding and feeling lightheaded or "spacey." This is usually caused by rapid breathing. If this happens, remember that:

- These reactions are not dangerous. If you had them while exercising, they most likely would not worry you.
- These feelings often come with scary thoughts that are not true. For example, you may think, "I'm going to die," "I'm having a heart attack," or "I will lose control." It is the scary thoughts that make these reactions so upsetting.
- Slowing down your breathing may help.
- The sensations will soon pass and then you can go on with what you were doing.

Each time you respond in these positive ways to your anxiety or panic, you will be working toward making it happen less often. Practice will make it easier to cope.

Feeling like the trauma is happening again (flashbacks)

- Keep your eyes open. Look around you and notice where you are.
- Talk to yourself. Remind yourself where you are, what year it is, and that you are safe. The trauma happened in the past, and you are in the present.
- Get up and move around. Have a drink of water and wash your hands.
- Call someone you trust and tell them what is happening.
- Remind yourself that this is a common response after trauma.
- Tell your mental healthcare provider about the flashback(s).

Dreams and nightmares related to the trauma

- If you wake up from a nightmare in a panic, remind yourself that you are reacting to a dream. Having the dream is why you are in a panic, not because there is real danger now.
- You may want to get up out of bed, regroup, and orient yourself to the here and now.
- Engage in a pleasant, calming activity. For example, listen to some soothing music.
- Talk to someone if possible.
- Talk with your healthcare provider about your nightmares. There are treatments that can help.

Difficulty falling or staying asleep

- Keep to a regular bedtime schedule.
- Avoid heavy exercise for the few hours just before going to bed.
- Avoid using your sleeping area for anything other than sleeping or sex.
- Avoid alcohol, tobacco, and caffeine. These harm your ability to sleep.
- Do not lie in bed thinking or worrying. Get up and enjoy something soothing or pleasant. Read a calming book, drink a glass of warm milk or herbal tea, or do a quiet hobby.



### Irritability, anger, and rage

- Take a time out to cool off or think things over. Walk away from the situation.
- Get in the habit of exercising every day. Exercise reduces body tension and relieves stress.
- Remember that staying angry doesn't work. It actually increases your stress and can cause health problems.
- Talk with your counselor or healthcare provider about your anger. Take classes in how to manage anger.
- If you blow up at family members or friends, find time as soon as you can to talk to them about it. Let them know how you feel and what you are doing to cope with your reactions.

### Difficulty concentrating or staying focused

- Slow down. Give yourself time to focus on what it is you need to learn or do.
- Write things down. Making "to do" lists may be helpful.
- Break tasks down into small doable chunks.
- Plan a realistic number of events or tasks for each day.
- You may be depressed. Many people who are depressed have trouble concentrating. Again, this is something you can discuss with your counselor, healthcare provider, or someone close to you.

### Trouble feeling or expressing positive emotions

- Remember that this is a common reaction to trauma. You are not doing this on purpose. You should not feel guilty for something you didn't want to happen and can't control.
- Make sure to keep taking part in activities that you enjoy or used to enjoy. Even if you don't think you will enjoy something, once you get into it, you may start having fun.
- Take steps to let your loved ones know that you care. You can express your caring in little ways: write a card, leave a small gift, or phone someone and say hello.

For more information

[Coping After a Traumatic Event health sheet](#)

[Treatment for PTSD health sheet](#)

[PTSD Coach mobile app](#)

DAV Magazine below hotlinks-

Please join me in honoring our *women heroes* today — the veterans, spouses, caregivers, volunteers, mothers, daughters, grandmothers and more — by [making a gift to DAV](#).

**GIVE NOW**

### **UNLOCKING 'POWER AND POTENTIAL'**

DAV's newly acquired program, Patriot Boot Camp, will foster entrepreneurship among veterans like Army Special Forces veteran Nick Culbertson. With the help of Patriot Boot Camp, Nick was able to start a multi-million dollar business.

[Read More](#)

Utah Master  
Richard Hall  
utahdistmaster@gmail.com

District Marshals

Chief DM East

Todd B. Holzhauser

tbholz@mac.com

DM West

Stacey A. Yeager

utahmarshalwst@gmail.com

DM South East

Richard M. Vigor

richardvigor@hotmail.com

DM North

Daniell Castelli

pontdan1@hotmail.com

DM South

William Lund

toroweap@q.com

## Utah Master Richard Hall

UTAH DISTRICT APRIL 2022 PROVENCIAL NEWLETTER INPUT.

Conducting a year in review with awards in mind.

We are approaching the year end events with Elections of New Officers, To Be a Patriot and Civic Awards. This is an excellent time to review your assembly efforts relating to the Civic Award in particular. This award is attainable by all assemblies and provides a history of significant events conducted by the assembly to provide community leadership as the visible arm of the Knights of Columbus. There is also enough time if programs have been cut short by the opening, closing, reopening pandemic rules that you may be able to consider conducting programs prior to the end of June and entering the Award by the 30 June 2022 due date.

Here is a list of Patriotic Civic programs you might have conducted or consider doing:

- Memorial Day Flag Ceremonies at Cemeteries,
- Graves clean up or Flag placements for Memorial Day or 4<sup>th</sup> of July,
- Prolife rallies at local or state level venues.
- Rosary or Marches for Life
- Get out the Vote Campaigns
- Fisher House support for the families of veteran in VA facilities.
- Socks or Underwear for Veterans given out at VA facilities
- Fund raising event to support a Veterans Organization like [American Patriot Service Corp](#)
- Review the Columbia magazine for all kinds of ideas on what other Councils and Assemblies have conducted over the past year(s) for programs and projects.
- And of course, don't forget the FAITH, FAMILY, COMMUNITY and LIFE listed on [KofC.org](#)

Link to civic award on KofC.org web site [civic\\_award2321\\_p.pdf \(kofc.org\)](#)

### St Patrick's Day Parade in Salt Lake City, Utah



The Hibernian society of Utah invited the Knights of Columbus to provide the Color Guard and march with knight and families leading the St Patrick's Day parade. A great contingent of Sir Knights carried USA, Utah State, KofC, Church and Irish flags leading the parade. Also leading out was the 1965 TR4 with the Utah District Master following up the Color Guard and marchers.



### A Prayer for Our Country


*O Most Blessed Virgin Mary*, Mother of Mercy, at this most critical time, we entrust the United States of America to your loving care.

Most Holy Mother, we beg you to reclaim this land for the glory of your Son. Overwhelmed with the burden of the sins of our nation, we cry to you from the depths of our hearts and seek refuge in your motherly protection.

Look down with mercy upon us and touch the hearts of our people. Open our minds to the great worth of human life and to the responsibilities that accompany human freedom.

Free us from the falsehoods that lead to the evil of abortion and threaten the sanctity of family life. Grant our country the wisdom to proclaim that God's law is the foundation on which this nation was founded, and that He alone is the True Source of our cherished rights to life, liberty and the pursuit of happiness.

O Merciful Mother, give us the courage to reject the culture of death and the strength to build a new Culture of Life. *Amen.*



**Men of the Sacred Hearts**

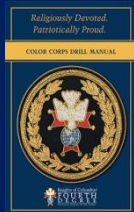
For additional cards, please call 586-264-8550  
or email [info@menofthesacredhearts.org](mailto:info@menofthesacredhearts.org)

### A Prayer for Our Country

God bless you, and God Bless America!  
 SK. Richard "Dick" Hall  
 Utah District Master  
 John H. Reddin Province



4th Degree Uniform  
click to order



Color Corp Drill  
Manual  
click to download

Uniform Overcoat



Click on picture to order

## Faithful Citizenship Program



### Faithful Citizenship Program

Faithful Citizens will receive a special e-newsletter that provides insight on various federal legislative, regulatory, and legal issues. Join your voice with 2 million fellow members. With Knights, you never act alone. Sign up below.



[CLICK TO SIGN UP](#)

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## Uniform Talk

### The Color Corp of the Patriotic Degree

#### Purpose of the Color Corps

When knighthood was in flower, knights carried the sword to defend their God, their Church, their country and their fellow man according to the code of chivalry. Today, Sir Knights wear regalia and carry the sword to honor Christ and His apostles, especially on religious and civic occasions specified in this manual. Hence, the primary purpose of the Fourth Degree is to encourage active Catholic citizenship and foster the spirit of patriotism in members and the community at large.

The Color Corps members exemplify all the principles of our Order:

**Charity** - by the gift of their time and energies necessary to practice, perfect and perform the ceremonials and sword drill;

**Unity** – by the united efforts of Sir Knights to practice and perfect a coordinated drill for the good of the Church and the Order;

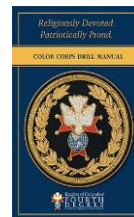
**Fraternity** – by expressing an “Esprit de Corps,” sharing a common desire for drill excellence and camaraderie; and

**Patriotism** – by performing precision drill as a salute to God and to country and visually exhibiting a love for both.

The public appearance of Fourth Degree Knights as a Color Corps at religious and civic functions is an important activity of each assembly. By these public demonstrations, their loyalty and patriotism bring credit to themselves and to the Knights of Columbus.



4th Degree Uniform  
[Click to Order](#)



Color Corp Drill Manual  
[Click to download](#)



KNIGHT JOIN  
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## Star Assembly Award

Assemblies that excel in membership recruitment, sponsoring patriotic programs in their communities, report to the Supreme Council office and keep their members and others informed of assembly activities are eligible to earn the Star Assembly Award.

### Your Assembly can earn the Star Assembly Award by completing the following:

- Earn the Fourth Degree Civic Award
- Enter the "To Be A Patriot" competition
- Meet the assembly new member goal of 7%
- Submit the *Report of Officers* — # 186 (due July 1)
- Submit the *Annual Survey of Fraternal Activity* — # 1728 (due January 31)
- Submit the *Annual Assembly Audit Report* — # 1315 (due June 30)
- Publish a monthly newsletter or bulletin for assembly members

### Civic Award

The Civic Award is a tribute to the spirit of patriotism and national pride exemplified by the assembly's program of activities.

In order to qualify, the assembly must conduct and report at least four varied patriotic programs held within the fraternal year.

The application for the *Civic Award* (#2321) must be received by the Supreme Office no later than June 30.



### To Be A Patriot Award

Established in 1985, the "To Be A Patriot" Award annually recognizes the three best patriotic programs conducted by Fourth Degree Assemblies each fraternal year.

The assembly must submit a report on their single best patriotic activity on form #TBP-2 and send it directly to the Master by April 30. Entries are judged at the district, provincial and international levels.



## STAR ASSEMBLY AWARD CHECKLIST

### ☐ Report of Officers

Form #186 (due July 1)

### ☐ Annual Survey of Fraternal Activity

Form 1728 (due January 31)

### ☐ Annual Assembly Audit Report

Form 1315 (due June 30)

### ☐ Earn the Fourth Degree Civic Award

Form 2321 (due June 30)

Our four varied Patriotic Programs

1	2	3	4
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### ☐ Enter the "To Be A Patriot" Competition

Form TBP-2 (due April 30)

Our Best Patriotic Program

### ☐ Meet the Assembly New Member Goal of 7%. Our Quota:

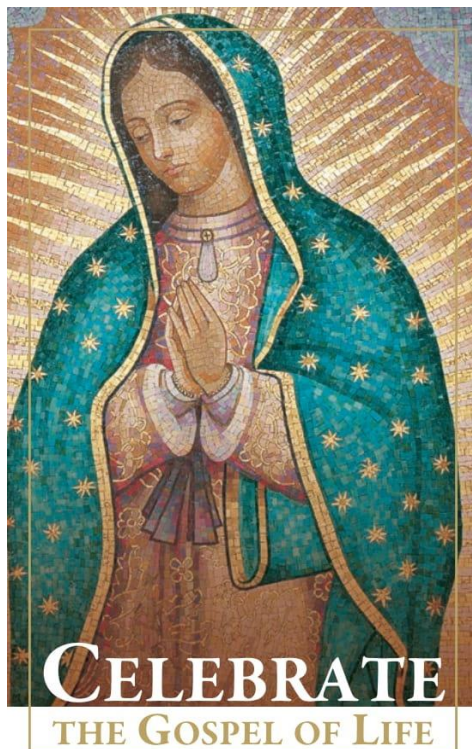
	July	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May	June
Gains:												
Losses:												

### ☐ Publish Monthly Newsletter or Bulletin for Assembly Members



Assemblies that excel in membership recruitment, sponsoring patriotic programs in their communities, report to the Supreme Council office and keep their members and others informed of assembly activities are eligible to earn the Star Assembly Award.

## Culture of Life



### Celebrate the Gospel of Life

O Mary,  
bright dawn of the new world,  
Mother of the living,  
to you do we entrust the cause of life:  
Look down, O Mother,  
upon the vast numbers  
of babies not allowed to be born,  
of the poor whose lives are made difficult,  
of men and women  
who are victims of brutal violence,  
of the elderly and the sick killed  
by indifference or out of misguided mercy.  
Grant that all who believe in your Son  
may proclaim *the Gospel of life*  
with honesty and love  
to the people of our time.  
Obtain for them the grace  
to *accept that Gospel*  
as a gift ever new,  
the joy of celebrating it with gratitude  
throughout their lives  
and the courage to bear witness to it  
resolutely, in order to build,  
together with all people of good will,  
the civilization of truth and love,  
to the praise and glory of God,  
the Creator and lover of life.

*Joannes Paulus II*  
— *Evangelium Vitae*

4237 5/19



*March 2<sup>nd</sup> -  
April 10<sup>th</sup>, 2022*

## 40 DAYS FOR LIFE™

From Wed March 2<sup>nd</sup> – Sunday April 10<sup>th</sup> our pro-life community in Albuquerque will unite with cities across America and around the world for a massive, coordinated, pro-life mobilization. This is an effort to bring together people of all faiths to pray for an end to the loss of pre-born human life and for the healing of those affected by abortion.

***40 Days for Life* is a focused pro-life effort that consists of:**

- 40 days of prayer & fasting
- 40 days of peaceful vigil
- 40 days of public witness

**A prayer campaign for those who respect the dignity of all human life and strive for justice for the poorest, most vulnerable, and the least of God's children – the pre-born**

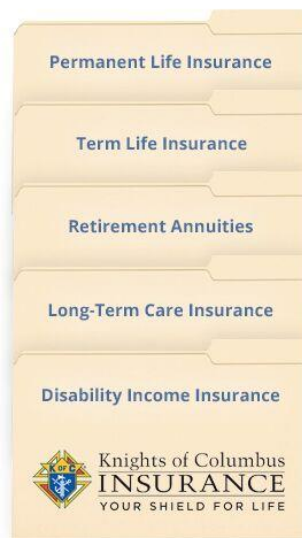
**Join us in peaceful prayer between 7 am and 7 pm daily at this location:**

- **Planned Parenthood abortion mill at 701 San Mateo NE in Albuquerque**

**Sponsored by Project Defending Life, 729 San Mateo Blvd, Alb. NM 87108**

For more information visit us at [www.40daysforlife.com](http://www.40daysforlife.com)

You can also send an email to Rachel at [vp@defendinglife.org](mailto:vp@defendinglife.org) or [Curt@defendinglife.org](mailto:Curt@defendinglife.org)  
or call **Project Defending Life** at (505) 266-4100



The Knights of Columbus offers a complete portfolio of top-quality products to our members and their eligible family members.

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Term Life Insurance – Affordable Protection for Temporary Needs

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## Prayer for the Canonization of Blessed Michael McGivney

*Founder of the Knights of Columbus*

God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Blessed Michael McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue, may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify Blessed Michael McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (*here make your request*). Through Christ our Lord. Amen.

*Please report all favors received:*

The Father McGivney Guild  
1 Columbus Plaza  
New Haven, CT 06510-3326 • USA  
[www.fathermcgivney.org](http://www.fathermcgivney.org)

10000 10/00

Painting by Chas Fagan © Knights of Columbus



Blessed  
**Michael McGivney**

[Click here to join The Guild](#)

### Join in Praying for Our Founder's Intercession

faithful around the world are turning to Blessed Michael McGivney for their personal prayer petitions. Visit the [Father McGivney G website](#) where you'll find a list of the [latest favors received](#), as well as a form to [submit your own petitions](#).

Also, [click here](#) to download and pray a Litany of Blessed Michael McGivney.



## A PRAYER FOR PROTECTION IN TIME OF PANDEMIC



The ancient fresco of Madonna del Soccorso (Our Lady of Help) in St. Peter's Basilica was restored with the support of the Knights of Columbus to mark the Year of Faith (2012-2013). Photo courtesy of Fabrice & San Pietro. Fabrice.

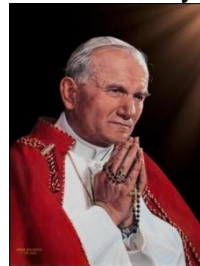
O Mary,  
you always brighten our path  
as a sign of salvation and of hope.  
We entrust ourselves to you, Health of the Sick,  
who, at the Cross, took part in Jesus' pain  
while remaining steadfast in faith.  
O loving Mother,  
you know what we need,  
and we are confident you will provide for us  
as at Cana in Galilee.  
Intercede for us with your Son Jesus,  
the Divine Physician,  
for those who have fallen ill,  
for those who are vulnerable,  
and for those who have died.  
Intercede also for those charged with  
protecting the health and safety of others  
and for those who are tending to the sick  
and seeking a cure.  
Help us, O Mother of Divine Love,  
to conform to the will of the Father  
and to do as we are told by Jesus,  
who took upon himself our  
sufferings and carried our sorrows,  
so as to lead us, through the Cross,  
to the glory of the Resurrection. Amen.

*Under thy protection we seek refuge,  
O Holy Mother of God.  
In our needs, despise not our petitions,  
but deliver us always from all dangers,  
O glorious and blessed Virgin. Amen.*

Adapted from the prayer of Pope Francis

KNIGHTS OF COLUMBUS

## Saint John Paul's Prayer for Peace



Lord Jesus Christ, who is called the Prince of Peace,  
who are yourself our peace and reconciliation,  
who so often said, "Peace to you," grant us peace.  
Make all men and women witnesses of truth, justice,  
and brotherly love.  
Banish from their hearts whatever might endanger peace.  
Enlighten our rulers that they may  
guarantee and defend the great gift of peace.  
May all peoples on the earth  
become as brothers and sisters.  
May longed for peace blossom forth  
and reign always over us all.  
- Pope John Paul II



## Knight's Prayer



Our Lady, Queen of the Knights, bless all the activities of our Order. Keep us true to our pledge, to extend the kingship of thy divine son on earth. Through Thine intercession, win for us the grace, ever to exemplify in our public and private lives, the virtues that should characterize those especially dedicated to the service of the heavenly court. Make us always aware that as your Knights, we are constantly observed, our faith judged, and our Order appreciated. Accept, O Mary, this renewed pledge of fealty and devotion, of Thy Servants, the Knights of Columbus.

[http://www.kofc11768.org/?page\\_id=19](http://www.kofc11768.org/?page_id=19)

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## ST. MICHAEL THE ARCHANGEL

SAINT MICHAEL THE ARCHANGEL,  
DEFEND US IN BATTLE.  
BE OUR PROTECTION AGAINST  
THE WICKEDNESS AND  
SNARES OF THE DEVIL.

MAY GOD REBUKE HIM  
WE HUMBL Y PRAY;  
AND DO THOU, O PRINCE  
OF THE HEAVENLY HOST,  
BY THE POWER OF GOD,  
CAST INTO HELL SATAN  
AND ALL THE EVIL SPIRITS,  
WHO PROWL THROUGH THE  
WORLD SEEKING THE  
RUIN OF SOULS. AMEN.



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## Take a Break for a Little Bit of Patriotism



Click

Thank You!

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To submit articles for the Newsletter please send them to [jhrpnews@gmail.com](mailto:jhrpnews@gmail.com) by the 10<sup>th</sup> of the month for the next month's publication. Please send in a word (.doc) format and photos in a .jpg format.