

Utah Knights of Columbus Pro-Life Activities

Pro Life Support Ideas for Councils

Support Materials

One way to support pro-life is to keep the church well stocked with pro-life materials (posters, brochures, pamphlets, DVD's, prayer cards ,etc...) Put the materials on display, as well as offer the materials to various educational programs within the church (CCD, RCIA, adult education) to use.

Support Materials through the Knights

To order the following pro-life materials, contact the Supreme Council using this email: supply@kofc.org

Title	Number
People of Life brochure	4795
People of Life poster	4804
Prayer for the Unborn prayer card	4665
Pregnant? Need Help? - Birthright flyer	1757
Defend Life billboard use only (10' x 20')	1938
Pray the Rosary to End Abortion prayer card	2072
Pray the Rosary to End Abortion poster	2073
Celebrate the Gospel of Life prayer card	4237
Celebrate the Gospel of Life poster	4238
Study Guide for the encyclical Evangelium Vitae (The Gospel of Life)	2914

When ordering materials, please mail or fax a Requisition Form (#1) to the Supply Department. Orders made online or faxed in should not be mailed because it may result in duplicate order. Please allow four weeks to ensure delivery by the event.

Support Materials through the Catholic Bishops

Order pro-life publication and resources from the U.S. Conference of Catholic Bishop's Secretariat of Pro-Life Activities. 866-582-0943. See this website: www.usccb.org/prolife

Fetal Models

Invest in fetal models to educate the young. This is a great educational tool – display it at various church events or Knights outings or loan it to your local CCD program. Fetal models can be ordered from Heritage House. http://www.hh76.info/default.asp?site_id=28

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Sponsor a Mass for the Unborn.

Just as Catholics come together annually for the March for Life in Washington DC or the West Coast Walk for Life in San Francisco California, standing up for the right to life, Catholics also need to come together at Holy Mass to pray for the unborn. To raise this awareness among the faithful in the diocese, your Knights council can sponsor a Mass for the Unborn. Coordinate this with your priest and bishop and schedule it at a time where Knights councils and others can attend.

A useful resource is the Respect Life Liturgy Guides that are produced yearly by the USCCB and mailed to each parish by the diocese every fall. Contact your parish office, the Family Life Office of the Diocese of Salt Lake City or the USCCB at www.usccb.org/prolife to obtain a copy.

Coordinate the Mass for the Unborn around the anniversary of Roe v Wade (January 22) or during respect life month (October) or during the month of May. May is the month which the piety of the faithful has especially dedicated to Our Blessed Lady. After the Mass, schedule a reception and use this as an opportunity to educate your parishioners, by displaying fetal models, making pro-life information available and selling precious feet pins, etc...

Sponsor a Pro-Life sign on a busy highway/freeway in your area.

Work with billboard companies in your area to advertise a pro-life message. Several organizations do billboard production and rental. See these links for some ideas:

<http://www.reaganoutdoor.com/>

<http://prolifeacrossamerica.org/>

<http://www.prolifebillboards.com/billboards.html>

<http://billboardsforlife.com/bfl/>

Engage in 40-days for Life.

40 Days for Life is a community-based campaign that draws attention to the evil of abortion through the use of a three-point program: prayer and fasting, constant vigil, and community outreach. See the website <http://40daysforlife.com/about.cfm>. Contact the state campaign director (Brother Knight James Snow) by emailing to: uplac2003@yahoo.com. Engage your Brother Knights. Sign up to pray. Organize a group signup. **This is definitely a KNIGHTLY activity** - protecting the weak and the vulnerable. The campaign runs this spring (2012), February 22nd through April 1st, 2012.

Sponsor Youth to Attend the West Coast Walk for Life

This is a yearly event in San Francisco, coordinated around the anniversary of Roe v Wade, with the mission to shed light on all issues of life, but particularly to change hearts hurt by the violence of abortion. Life is the best and only good choice! See the website for more information:

<http://www.walkforlifewc.com/>

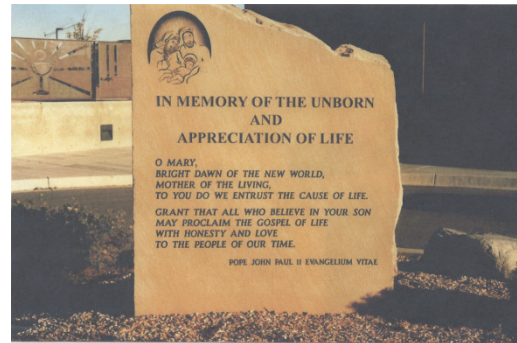
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Create a Pro-Life Monument at your church.

Knights of Columbus units throughout the Order pay tribute to the millions of children killed by abortion by erecting memorials in Catholic cemeteries, on council hall grounds, and at parishes.

The idea for these memorials grew from a challenge made by the late Cardinal John O'Connor in his homily at the opening Mass of the 110th annual Supreme Council Meeting held in New York in 1992. He described the Tomb of the Unborn on the campus of Franciscan University in Steubenville, Ohio, and asked his brother Knights "to continue the Order's aggressive fight against abortion" by erecting a tomb in each Catholic cemetery in each diocese where the Order is established. This request struck a chord with Knights and the program became a grassroots phenomenon. Since the program began more than 1,835 monuments have been built. These monuments, ranging from simple headstones to elaborate memorials, stand as testimony to one simple fact: Human life is a sacred gift from God to be protected and cherished at all stages from conception to natural death.

See the photos below (front / back) of the monument erected by the Fr. Joseph Valine Council No. 11246: Cedar City.



Councils should work with their local monument companies to determine what style would best suit their needs and resources. These memorials also feature many different messages. Here are some examples:

- "In memory of all innocent victims of abortion."
- "Before I formed you in the womb I knew you," Jeremiah 1:5
- "Rachel mourns her children, she refuses to be consoled because her children are no more." Jeremiah 31:15-17.
- "Please pray for an end to abortion."

Often these memorials are paid for with council funds raised via fundraisers or cooperation with other pro-life organizations. For some other samples of memorials, use these links:

http://www.kofc.org/un/images/Council708_555.jpg

http://www.kofc.org/un/images/Council79_555.jpg

http://www.kofc.org/un/images/Council2455_555.jpg

http://www.kofc.org/un/images/Council4303_555.jpg

http://www.kofc.org/un/images/Council44_555.jpg

When dedicating a memorial, participants can utilize the "Pray the Rosary to End Abortion" prayer card (#2072). Use this link: <http://www.kofc.org/un/en/graphics/2072.jpg>

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Attend the Salt Lake Diocese Prayer Vigil (on Sunday closest to Jan. 22nd)

This is a bi-lingual rosary prayed at the Monument for the Unborn at Mt. Calvary Catholic Cemetery (275 T Street)

Support the Life Chain in October

Join the NATIONAL LIFE CHAIN on the first Sunday of every October. This year (2012), the Life Chain will be on Sunday Oct. 7, 2012 from 1:00-2:30pm, on the corner of State St. and 10600 South in Sandy, Utah. The local life chain is coordinated by the Mother Teresa of Calcutta Council No. 12181: Draper.

Stand with thousands of pro-lifers throughout the United States. You'll be a light in a darkened world as you help put an end to abortion through prayer! LIFE CHAIN is a peaceful and prayerful public witness of pro-life Americans standing for one hour praying for our nation and for an end to abortion. It is a visual statement of solidarity by the Christian community that abortion kills children and that the Church supports the sanctity of human life from the moment of conception. Bring your whole family! Rain or shine! If you can't stand for an hour, bring a chair....it's fine to sit!

Support the Crossroads Walkers as they pass through SLC in June

Crossroads was founded in 1995 by Steve Sanborn, a student at Franciscan University of Steubenville (Ohio) as a response to John Paul II's call to the youth of the world to take an active role in the pro-life movement in order to establish a Culture of Life. **An integral part of Crossroads is our yearly pro-life pilgrimages across the United States.** Each summer, young adults walk on four simultaneous pro-life walks across America from Seattle, San Francisco, San Jose and Los Angeles to Washington, D.C.. Walking over 12,000 miles and through 40 states, these young people hope to convert the hearts and minds of others – at the grass-roots level – by witnessing to the dignity and sanctity of all human life, from the moment of conception to natural death. Crossroads also conducts a pro-life walk across Canada each summer from Vancouver to Ottawa, which takes simultaneously with our other walks.

When the Crossroad Walkers pass through Salt Lake City in June, organize Knights to attend the Saturday events. The events include morning Mass at the Cathedral, a prayer procession (walk) to an abortion clinic, a prayer vigil at the clinic. You may also offer to host walkers at individual Knight's home. Contact local coordinator, Kim Franklin at franklins4life@msn.com). For more info www.crossroadswalk.org

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Pro Life FUND Raising Ideas for Councils

Baby Bottle Campaign.

The premise of this fund raiser is to hand out baby bottles to your parishioners, requesting the bottles to come back filled with change. The change returned, minus the cost of the bottles is the profit for the fund raiser. Similar to the rice bowls drive during Lent. The fund raiser is executed in 3 easy steps. 1) Plan the drive. 2) Distribute the bottles. 3) Harvest the bottles & count the money!

During this fundraiser, take this opportunity to educate your parish on the value of life, the need to protect the unborn and the need to assist new mothers and their babies.

Here are some suggestions on how to conduct a “Knights of Columbus Baby Bottle Campaign”:

- Recruit a Knight to chair the project.
- Obtain your pastor’s permission to operate the “Knights of Columbus Baby Bottle Campaign” in the parish. Visit your pastor in person (not via a phone or e-mail) to ask permission to conduct the program. You should ask for at least two weekends -- the first to hand out bottles and the second to collect them.
- Determine the number of baby bottles you will need to cover the number of weekend Mass attendees. Ask your pastor for the number of families who donate to the parish each week.
- Ask council members to donate clean used baby bottles.
- If not enough bottles are donated, visit your local discount store and ask to speak with the manager. Explain the number of baby bottles you wish to purchase, which may be more than are currently in stock. Get a commitment to receive them several weeks prior to the event.
- When the bottles arrive, remove the nipples (to ensure that the bottles are used for the collection) and put the labels on them. The labels (made possibly from mailing labels available at most office supply stores) should include your council's name, wording such as "Knights of Columbus Baby Bottle Campaign for Pro-Life Initiatives," the return date, and the Order's emblem.
- At an organizational meeting assign Knights to each exit of the church to hand out baby bottles on the distribution date. Ask that an announcement be put in the parish bulletin on the program. Also place posters around the parish (with the pastor’s permission). Run the first bulletin notice a week prior to the distribution.
- Ask the pastor to announce the program from the pulpit or have a council officer do it on the day the bottles are handed out.
- On the set date, collect the bottles with the money before or after Mass. For people who forget their bottles, ask them to drop them at the parish office at their convenience (make arrangements with the pastor for this).
- With permission of the organization you are donating to, send a photo and press release on the donation to the local media. Try to avoid a “grip and grin” type presentation photo and instead send a photograph of people at the center sorting the donated items or the items being used.
- Store the bottles safely for use during your next campaign.

Thank you to the North Carolina state council for this suggested program.

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Pro-Life Baby Shower

Sponsoring a “Knights of Columbus Pro-life Baby Shower” is a great way to raise funds and obtain supplies for local pro-life organizations, crisis pregnancy centers, and shelters for women and children. Conduct the event at your local parish or community center, asking for donations of used baby or maternity clothing, infant and pregnancy supplies, diapers, bottles, formula, etc.

Here are some steps to follow when conducting this program.

- Recruit a Knight to chair the project
- Ask council members if they have an old crib that is in good condition or a portable play pen that is not being used.
- Obtain your pastor’s permission to set up an old crib or play pen in the church’s entry way or foyer.
- Set a period of time to run the event (for example, weekends for a month) and ask your parish priest or make an announcement about the initiative, or get permission to have a council officers make an announcement before or after each Mass. Also, request for a written announcement in the parish bulletin. In the announcement ask parishioners to consider donating new or used baby or maternity clothing, baby and pregnancy supplies, diapers, bottles, formula, etc.
- When collecting monetary donations, make sure to have a secure receptacle in your collection area for cash and checks.
- TIP: Place some nice baby/maternity items and supplies in the collection receptacle after setting it up so people can see what types of items are needed. Put a sign on the collection receptacle so people who miss the announcement will know what it is for.
- Collect the items after Mass each weekend.
- With permission of the organization you are donating to, send a photo and press release on the donation to the local media. Try to avoid a “grip and grin” type presentation photo and instead send photograph of people at the center sorting the donated items or the items being used.

Thanks to the Kansas State Council for this suggested program.

Order Pro-Life Items to Sell

The Heritage House provides many pro-life materials at reasonable prices that can be sold at events, weekend campaigns or in church gift cases. Purchasing and then selling Pro-life items such as bracelets, rosaries, precious feet pins/lapels, coffee mugs, t-shirts, tote bags, posters, license plates and jewelry are ways to raise funds to support pro-life causes. Contact information for The Heritage House follows:

Heritage House

919 S. Main Street, Snowflake, Arizona 85937

Snowflake, AZ 85937

1-800-858-3040

www.HH76.com

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Bake Sale for Life (Perhaps in cooperation with Council for Catholic Women?)

In addition to baked goods, this would be a good opportunity to offer life-affirming informational pamphlets such as fetal development, abortion statistics, pregnancy loss (healing from an abortion or miscarriage), local community resources (domestic violence/rape, food, shelter, etc.) and information on pregnancy/parenting resources such as your local pregnancy resource center,

Life Dinner (A Fish Fry or Spaghetti Dinner)

Sponsor and coordinate a dinner to benefit your pro-life programs.

Wash for Life

Hold a car wash to benefit your pro-life programs. This is a great activity in which to include the youth groups in your area.

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Pro Life Organizations to Support in Your Area

Arches New Hope Pregnancy Center *(part of CareNet which has 1100 centers)*

115 W 200 S
Moab, UT 84532
435-259-5433

Birthright

3564 Lincoln Ave
Ogden, UT 84401
801-392-1576
Director = Joanne Howell

Brigham City Pregnancy Care Center *(part of CareNet which has 1100 centers)*

18 N 100 E;
Brigham City, UT 84302
435-723-0500

Hope Pregnancy Care Center *(part of CareNet which has 1100 centers)*

427 W 100 S, Suite B
St. George, UT 84770
435-652-8343

Pregnancy Resource Center, SLC *(part of CareNet which has 1100 centers)*

644 S 900 E
SLC, UT 84102
801-363-5433
Director = Tamara Anderson

Project Gabriel, Park City

Email the parish for information: info@stmarysparkcity.com
435-649-9676
Director = Arlene Helfand

Pregnancy Resource Center of Utah Valley *(part of CareNet which has 1100 centers)*

1367 S 740 E
Orem, UT 84097
801-221-2591
Director = Melinda Oberhelman

Pregnancy Care Center *(part of CareNet which has 1100 centers)*

2909 Washington Blvd, Ste 105
Ogden, UT
801-612-9293

The Center for Pregnancy Choices *(part of CareNet which has 1100 centers)*

90 N 100 E Street, Suite 140
Logan, UT 84321
435-752-1222